



RGS SURREY HILLS

Policy for Personal, Social, Health and Economic Education, including Careers

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Introduction

All students at RGS Surrey Hills receive Personal, Social, Health and Economic Education throughout the First to Fifth Forms. There is a clear Scheme of Work in place which reflects the school's aims and ethos with particular regard to the protected characteristics under the Equality Act 2010 and the guidance provided for schools. The protected characteristics as listed in section 4 of the Equality Act 2010 are as follows:

- a. Age
- b. Disability
- c. Gender reassignment
- d. Marriage and civil partnership
- e. Pregnancy and maternity
- f. Race
- g. Religion or Belief
- h. Sex
- i. Sexual Orientation

In addition, the school will react to any trends or patterns of behaviour within cohorts as and when they arise, or indeed respond to any local, national or international issues. PSHEE is delivered through a taught curriculum, assemblies and form time.

The course is divided into three

- Health & Wellbeing
- Relationships including Relationship and Sex Education
- Living in the wider world including Life Skill, careers and citizenship

Through the Schemes of Work, respect for other people is encouraged, especially age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex, sexual orientation as protected characteristics under the Equality Act 2010. It is also fostered through our ethos of having a "strong moral purpose at our core".

Schemes of Work are devised by a dedicated PSHEE Lead and reviewed and amended regularly in line with the DFE Statutory Guidance.

PSHEE is delivered to all year groups by Form Tutors in twice weekly Form Times. PSHEE theses are reinforced through assemblies, links with Round Square and drop down sessions and IDEALS/Personal Development Curriculum (PDC) sessions as appropriate.

Courses in all years may make use of visiting speakers who are experts in their field, as well as a wide range of recorded visual material. Parents will always be informed in advance of any upcoming sensitive issues in the PSHEE material, through letters home or the bulletin. Parents have a right to withdraw their children from RSE education if they wish, see separate RSE Policy for details.

Scheme of Work Supporting PSHEE Policy

The Scheme below gives an idea of talks and themes that are delivered although we are continuously tailoring the programme to the needs of the pupils, and the content may change from time to time depending on feedback from staff and students.

	Health and wellbeing	Relationships	Living in the wider world
Year 7	Transition to secondary school.	Diversity	Developing Skills and Aspirations

	Change Safety Puberty Health	Stereotypes and prejudice Friendships and Bullying Peer Pressure Managing Conflict Setting Boundaries Introduction to Consent	Goal Setting Equal Opportunities Financial Decision Making
Year 8	Drugs and Alcohol Assessing Risks Awareness of influences Emotional Wellbeing Digital Resilience Healthy Coping Strategies	Bullying and Cyberbullying Bias Stereotypes and Media Social Media Relationship Expectations Identity On-screen Relationships Introduction to Contraception	Preparing for GCSE Options Challenging workplace stereotypes Workplace Skills Social Media Scams Challenging Media Content
Year 9	Attitudes towards Drugs The Law Managing Influence Vaping Aspects of Physical Health Body Image Emotional Wellbeing	Respectful Relationships Coercive Friendships Family Roles Managing Conflict Avoiding Assumptions on Consent Sexual Health Contraception Managing/ending Relationships	Exploring Career Interests Managing Pressure Enterprise Skills Digital Resilience Fraud Online Reputations
Year 10	Mental health and coping with transition or change, loss and grief. Assessing Risks: Drugs, Influence, Gangs Seeking Support	Intimacy Impact of Pornography Pressure, Persuasion and Coercion Relationship Abuse Misogyny Diversity Extremism	Saving and Managing Money Fraud Gambling Career Preferences Work Experience Preparation

Year 11	Time Management Sleep Lifestyle and Wellbeing Exam Stress Driving – risks and responsibilities Organ Donation Body Modifications	Communication and Readiness Unhealthy Relationships Misogyny Love Bombing and Gas Lighting Voting Family Conflict Sexual Health and Fertility Pregnancy outcomes and choices	Post 16 Options Demonstrating strengths CVs Employment Rights
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Assessment and Monitoring of PSHEE (including RSE)

Pupils' knowledge and understanding is assessed through classroom discussion, formative and summative assessment activities. Teachers collect evidence of learning to make a judgement about pupils' progress. This may include presentations, written evidence, group work, self-assessment, peer assessment, observations.

Pupils give their feedback on their experiences of PSHEE through online forms.

Those leading PSHEE and RSE sessions will be asked to give feedback on the strengths of the PSHEE/RSE Schemes of Work, areas which could be improved and any relevant issues raised by pupils during the session. If required, this includes communicating and following up with pastoral staff as appropriate.

The PSHEE/RSE programme continues to be a reflective one, which enhances the school curriculum to provide preparation for a student's life outside of RGSSH. For example, skills sessions which include, considering your personal brand when using social media and wellbeing sessions to manage the stress of modern life.

Careers Education

All students from Years 7-13 are supported by our in-house careers advisor. Careers advice is given to students to help with choices of GCSE and A Level courses through assemblies, careers lessons, (e.g. A Level taster lessons), UniFrog Platform, the offer of careers interviews with external providers, as well as through outside speakers and events, and through the availability of the careers advisor to speak to students every day. GCSE and A Level options evenings are run annually for the appropriate year groups.

All students in the school have access to the Careers Advisor. Students in Years 7 – 9 are introduced to careers through the IDEALS programme as well as through the PSHEE Programme.

Careers guidance is presented in an impartial way. Careers interviews are offered to students in Year 11 and the Sixth Form. The Careers department seeks to enable students to discover and access both university courses and other options at 18. This happens through Careers lessons, Careers talks and evenings, as well as through the availability of one-to-one guidance. Students are also kept informed of courses and taster days.

Students receive guidance, which enables them to make informed choices about a range of options. They receive guidance on:

- GCSE course options through assemblies, departments and an information evening.
- A Level options through Careers lessons, an information evening and assemblies. There is an extensive programme of one-to-one support through Futures Meetings aimed at providing guidance on A Level course selection.